



Content: August 4, 2022

- 1. Micah 6 Food Pantry Donations from Sunshine Gardeners
- 2. Getting Fit in the Garden -- Series on PBS
- 3. A Winning Salad to Save for Next Year
- 4. Garden Education by Ila Falvey
- 5. Garden Tasks by Steve Camp

View this email in your browser



Micah 6 Food Pantry Donations from Sunshine Gardeners

July Donations / Year to Date Donations

- Produce 578 lbs / 1816.5 lbs
- Dry Goods 22.5 lbs / 154.5 lbs

July was a busy month, but just like our own garden harvests, donations are decreasing. We will start August continuing to deliver produce to the food pantry twice a week, but if donations continue to decrease we will drop the Thursday 5pm delivery and deliver only on Saturday at 9am.

We are very grateful for your donations. The picture above is a large donation of peppers left by a Sunshine gardener. Thank you! All the time and effort harvesting those beautiful peppers is very much appreciated! I'm sure many people enjoyed them.

I also want to give special thanks to Bob Easter whose always bountiful garden supplied Micah 6 with 25 - 35 lbs of high quality produce each week this past month. Donations from his garden included eggplant, tomatoes (lots and lots of Large Red Cherry), Tatume squash, long beans, and multiple types of peppers. Bob is a talented and generous gardener.

Please consider giving your excess harvest to Micah 6 Food pantry. Donations of fresh produce may be left in the cool room (south end of the trailer) or in the trailer refrigerator. Dry goods (canned goods, dry beans, etc...) may be left in the cool room. Thank you! — *Submitted by Walter Kuhl*

Getting Fit in the Garden

An interesting and useful series on <u>PBS called GardenFit</u> may be of interest to Sunshiners. The concept is to tour gardens while learning tips for keeping fit. — *Submitted by Susan Hoberman*



A Winning Salad to Save for Next Summer

A very simple salad of <u>cucumber, tomato and onion</u> may do the trick for summer meals. We hope that you enjoy! -- *Submitted by Ila Falvey*

Garden Education by Ila Falvey

It's important to think about safety in the garden during the month of August. Stay hydrated! But there are other suggestions for garden planning in the central Texas heat in this post from the Texas A&M AgriLife Travis County Extension: <u>Austin's August Vegetable Garden</u>

The Austin Area Garden Council has a <u>list of gardening events for this</u> <u>August</u>. This list includes several at Zilker Botanical Garden:

- Monday August 8: Lauren Maples from PEAS (Partners for Education, Agriculture and Sustainability) on developing new gardeners with 19 Austin schools
- Saturday, August 13: planning your Fall garden

Garden Tasks by Steve Camp

I hope everyone is taking care of themselves during this record breaking weather. Stay hydrated and know the signs of heat exhaustion/stroke. Stay safe! The gate is open at 6 AM and that's when I'm going most days. 6 to 8 is prime time if you can handle it. Just 1 hour a week can make a huge difference and keep you in compliance.

I think that by now all have heard or read the new directives involving plant waste. I want to thank all of you that are participating for not putting anything but plant waste in our compost pile. While loading the container we found virtually no trash. We also made a separate pile for Sunflower and other branchy items that can not be picked up with a loader bucket and will have to be loaded into the container by hand.

There will be no more IOUs accepted as payment in the lockbox. Checks or Cash in an envelope would be great.

NEXT SCHEDULED WORKDAY IS TBD

Workdays often evolve into social events! SCG is a fantastic place to meet new friends and learn both new and old gardening techniques. There's a wealth of knowledge here and experienced people that love to share it.

NEW GARDENERS

There are several new gardeners at SCG! Please don't hesitate to introduce yourself and y'all get to know each other a little and share garden knowledge and tips. Let's emphasize the COMMUNITY in Community Garden.

Please read handbook and site rules. Any hardware (hoses, sprayers, nozzles, splitters etc.) attached to garden faucets and maintenance of said items are the responsibility of individual gardeners.

ROADS AND PARKING

- Speed limit is 3 MPH. (Primarily for safety, but also to keep the dust down.)
- Sunshine's roads provide access to plots and common areas. Gardeners should not 1) park on roads except to unload a heavy load from vehicle, 2) drive on roads when wet, 3) drive around barriers, 4) drive into another gardener's plot, or 5) put plants or other items in the road.
- Cars may not be left idling while at the garden.
- Park only in the front parking area or your common area. On weekends there are parking spaces on Sunshine and 49th Street.

Handbook and Site rules specifically state that **PARKING ON GARDEN ROADS IS STRICTLY PROHIBITED**. Park in the parking lot or common areas only. When the emergency vehicle enters SCG, they may(I hope not)be coming to assist YOU. How inconvenient it would be for them to have to wait for folks to move cars.

PRIORITY TASKS

Khaki weed season is upon us! For the uninitiated, Khaki weed is an invasive plant that infects the garden in late spring, summer, and fall.
We are determined every year to eradicate it as much as possible.
To this end, we are allowing digging up khaki weed to be counted as TSVBI hours until further notice.

TSVBI

- Weeding paths in TSBVI garden and wood chip areas on west side. (This is normally needed. Try to get out roots. Be sure to smooth out paths after weeding to facilitate TSBVI students (who are blind) moving around garden). Mowing between fence and street along 49th St. and Sunshine Dr. along and 10' inside fence.
- Khaki weed removal.

 Cleaning the street curb gutters of dirt and debris buildup. (At places in the curb gutter along Sunshine Dr. And 49th St. soil has built up and grass is beginning to grow. Scrape off with shovel and put in wheelbarrow. If debris is gravel it can be put in low places in the parking lot, otherwise, destination is dumpster.

Note: TSVBI hours can also count as regular hours.

REGULAR

- Mowing, edging (Please check area around trailer and greenhouses). The mowing season is picking up (if it ever rains, it will pick up exponentially.) It's way easier to keep it mowed than try to catch up when it gets overgrown.
- Maintaining common paths. (Gardeners are required to maintain a 2' strip of common paths adjacent to their plot.)
- Mowing and cleaning up overgrown/messy places in common areas.

Your Zone Coordinator may have more tasks than are listed here. Contact them if you feel that you have run out of things to do.

Slow Down (3 MPH!) You're on Garden Time! Enjoy!



Copyright © 2022 Sunshine Community Gardens, All rights reserved.

Want to change how you receive these emails? You can <u>update your preferences</u> or <u>unsubscribe from this list</u>.

