






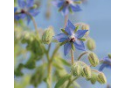









**Sunshine Community Garden
2022 Herb List**

Plant	Variety		Description
Amaranth	Red Spike		Ideal color and form for late-summer and fall arrangements. Gracefully-arched, feathery plumes. When plants are young and leaves are tender, the foliage makes a nice edible green.
Artichoke	Imperial Star		A green artichoke specifically bred for annual production. Plants become 1 1/2-3' tall and have an open growth habit. Each typically produces 1-2 primary buds, which average 3-4" in diameter, and 5-7 smaller secondary buds.
Basil	Amethyst Improved		Large 2–3" thick, turned-down leaves. This stunning basil is nearly black in color. Edible Flowers: Use the flowers in any recipe that calls for basil, or to garnish drinks, salads, soups, pasta, and desserts. Flavor is of intense basil.
Basil	Cardinal		Thai basil with larger leaves. Edible ornamental with showy flowers. Very uniform, upright habit. Purple stems and dark, purple-red flower bracts. Cinnamon/clove flavor with hints of anise.
Basil	Genovese		Classic Italian variety. Authentic flavor and appearance. Tall and relatively slow to bolt with large dark-green leaves about 3" long. Ht. 24-30".
Basil	Mrs, Burns' Lemon		Very bright green, 2 1/2" long leaves with white blooms make this basil both attractive and intensely flavorful. Ht. 20-24".
Basil	Sweet Thai		Spicy, anise-clove flavor. Attractive purple stems and blooms.
Borage			Edible flower with mild cucumber flavor. Large plants bear hundreds of small edible flowers, mostly blue and some pink. Long harvest period. Borage flowers attract bees and butterflies.

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Plant	Variety		Description
Catnip			Vigorous, high-yielding plants. Cat-attracting perennial with gray-green leaves and white flowers. Flowers are very attractive to bees.
Lemon Balm			Distinct lemon flavor. Fresh leaves for tea and salads. Easy to grow.
Marjoram	Sweet Zaatar		An oregano relative with zesty flavor. Native to the Mediterranean, where it has flavored meals for thousands of years. Soft gray-green leaves on plants with a semi-upright habit. Flavor combines those of sweet marjoram, thyme and oregano. Not to be confused with Z'atar, an herbal blend of several ingredients. Grow as a tender perennial.
Mexican Mint Marigold	(tarragon)		Aromatic leaves are a substitute for French Tarragon. Sweet licorice flavor brightens salads and main dishes. The edible, pretty, golden-yellow flowers bloom all summer.
Parsley	Giant of Italy		The preferred culinary variety. Huge, dark green leaves with great flavor. Strong, upright stems make Giant of Italy one of the best parsley varieties for fresh market sales.
Shiso	Britton		Eye-catching green leaves with red undersides. Good salad mix item, or use larger leaves as sushi wraps or garnishes. Mild mint/basil aroma. The flowers are a flavorful addition to salads and Asian dishes. The minty, basil-like flavor has hints of clove and cumin.
Sorrel	Red Veined		Flashy sorrel for salads. Bright-green leaves with contrasting dark maroon stems and veins add color and taste to salad mix. Same sharp, tangy flavor as regular sorrel. Best variety for indoor production. Best when harvested young for salad mix as large leaves are tough.
Milkweed	Tropical		